

# **BAA DANCE LEVEL DESCRIPTIONS**

## **Theatre Dance**

**Level 1 (Beginner):** Recommended for students with 0-3 years of dance training and "Strong Movers" who want to gain additional dance experience. The combination often includes single turns, forward roll or cartwheel, demonstration of rhythm, physical coordination, and storytelling through a fun, high energy Musical Theatre combination such as "You Can't Stop the Beat" from Hairspray.

**Level 2 (Intermediate):** Recommended for students with 3-4 years or more of Ballet, Jazz, or Musical Theatre Dance Training or dancers currently in dance class at an intermediate level. The combination often includes a double pirouette, direction changes, and demonstration of flexibility, technique, and style.

**Level 3 (Advanced):** Recommended for students with 5 years or more of Ballet and intensive dance training. The combination often includes a triple pirouette, leaps, tricks or stunts, direction changes, and demonstration of flexibility, technique, and style.

## **Tap**

**Tap 1:** Basic tap experience required. Flaps, shuffles, weight shifts (ball change), cramp rolls, buffalos, single time steps, etc. This class is not suitable for a student with no tap experience.

**Tap 2-3:** Three or more years of tap experience recommended. Pull backs, wings, toe stands, all time steps, etc.

## **Mixed Levels**

A class labeled with a range of levels (i.e. Levels 1-3, Levels 2-3, Tap 1-2, etc.) is appropriate for all levels listed. For example, a Level 1-3 class would be suitable for Level 1, Level 2, and Level 3 dancers.